

MENINGITIS & SEPTICAEMIA

INFLAMMATION OF BRAIN LINING

INFECTION OF THE BLOOD

CHECK THE SYMPTOMS



**MENINGITIS & SEPTICAEMIA CAN OCCUR AT THE SAME TIME
SYMPTOMS CAN APPEAR IN ANY ORDER AND MAY NOT APPEAR AT ALL**

| | Septicaemia | Meningitis |
|--------------------------|--------------------------------|--------------------------|
| SPECIFIC SYMPTOMS | Cold hands & feet | <input type="checkbox"/> |
| | Leg pain | <input type="checkbox"/> |
| | Abnormal skin colour | <input type="checkbox"/> |
| | Rash | <input type="checkbox"/> |
| | Stiff neck | <input type="checkbox"/> |
| | Dislike of bright light | <input type="checkbox"/> |
| | Seizure, stiff/jerky movements | <input type="checkbox"/> |
| | Altered mental state/confusion | <input type="checkbox"/> |
| GENERAL | Headache | <input type="checkbox"/> |
| | Breathing difficulties | <input type="checkbox"/> |
| | Severe lethargy | <input type="checkbox"/> |
| | Severe joint/muscle pain | <input type="checkbox"/> |
| | Fever, vomiting or diarrhoea | <input type="checkbox"/> |



SYMPTOMS in BABIES may also include

- Blotchy skin, pale or turning blue
- Poor feeding
- Tense or bulging soft spot (fontanelle) on baby's head
- High pitched cry/irritable (especially when touched)

The TUMBLER Test

People with septicaemia may develop a rash of tiny red 'pin prick' marks which can develop into purple bruising



- Press the side of a clear glass firmly against the rash
- If the rash does **NOT** fade, seek **medical help IMMEDIATELY**
- If the rash fades, **KEEP CHECKING**. In rare cases, the rash can change



On darker skin the rash can be difficult to see. Check for the rash on paler areas such as the palms of the hands

**If you suspect either disease
SEEK MEDICAL HELP IMMEDIATELY
TRUST YOUR INSTINCTS**

Meningitis can KILL in under 4 hours

Meningitis UK funds preventative research to protect future generations

www.meningitisUK.org Tel: 0117 947 6320



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