

MENINGITIS & SEPTICAEMIA

INFLAMMATION OF BRAIN LINING INFECTION OF THE BLOOD

CHECK THE SYMPTOMS



**MENINGITIS & SEPTICAEMIA CAN OCCUR AT THE SAME TIME
SYMPTOMS CAN APPEAR IN ANY ORDER AND MAY NOT APPEAR AT ALL**

	Septicaemia	Meningitis
SPECIFIC SYMPTOMS	Cold hands & feet	<input type="checkbox"/>
	Leg pain	<input type="checkbox"/>
	Abnormal skin colour	<input type="checkbox"/>
	Rash	<input type="checkbox"/>
	Stiff neck	<input type="checkbox"/>
	Dislike of bright light	<input type="checkbox"/>
	Seizure, stiff/jerky movements	<input type="checkbox"/>
	Altered mental state/confusion	<input type="checkbox"/>
GENERAL	Headache	<input type="checkbox"/>
	Breathing difficulties	<input type="checkbox"/>
	Severe lethargy	<input type="checkbox"/>
	Severe joint/muscle pain	<input type="checkbox"/>
	Fever, vomiting or diarrhoea	<input type="checkbox"/>



SYMPTOMS in BABIES may also include

- Blotchy skin, pale or turning blue
- Poor feeding
- Tense or bulging soft spot (fontanelle) on baby's head
- High pitched cry/irritable (especially when touched)

The TUMBLER Test

People with septicaemia may develop a rash of tiny red 'pin prick' marks which can develop into purple bruising



- Press the side of a clear glass firmly against the rash
- If the rash does **NOT** fade, seek **medical help IMMEDIATELY**
- If the rash fades, **KEEP CHECKING**. In rare cases, the rash can change



On darker skin the rash can be difficult to see. Check for the rash on paler areas such as the palms of the hands

**If you suspect either disease
SEEK MEDICAL HELP IMMEDIATELY
TRUST YOUR INSTINCTS**

Meningitis can KILL in under 4 hours

Meningitis UK funds preventative research to protect future generations
www.meningitisUK.org Tel: 0117 947 6320



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